

31st Summer Institute on Aging



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Aging

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June 1-4, 2009

Waterfront Place Hotel

Morgantown, WV



West Virginia University
DIVISION OF SOCIAL WORK



West Virginia University
CENTER ON AGING

Welcome

Welcome to the 31st Summer Institute on Aging presented by WVU Division of Social Work and WVU Center on Aging.

Many thanks to this year's sponsoring organizations: **WVU Division of Social Work, WVU Center on Aging, WV Seniors, and Problem Gamblers Help Network of West Virginia.**

The 2009 theme is "Changing Attitudes About Aging". These words (and the Institute presentations) capture the many modifications that are happening in our society because of the evolving composition of our older population, their needs, and the change in our country's administration.

Ms. Hilda Heady will kick off our conference on Monday June 1 with a West Virginia perspective in her opening keynote presentation "Changing Attitudes About Aging in West Virginia". For over 40 years, Ms. Heady has advocated for rural people, rural health issues, and community development. Most recently she has helped to bring national attention to the plight of rural veterans.

Back by popular demand, energetic speaker Mr. Robert Blancato will deliver a wealth of information about our new president's and congress's plans for aging policies and services in his mid-week keynote "Washington Update" on June 3. Mr. Blancato has over 30 years of public service experience working with both the U.S. Congress and Executive Branches of our national government and was a favorite presenter from last year's Institute.

Special thanks to our dedicated 2009 Summer Institute planning committee which included: Ellen Dalton, Maria Durbin, Morgan Gorbey, Karen Harper-Dorton, Larry Harris, Kris Hash, Sherry Kuhl, Susie Layne, Molly McCartney, Carrie O'Neil, Julie Patrick, Loriann Sonntag, Cindi Staley, Charlotte Whipkey, Freddie White.

Come to the Summer Institute on Aging in Morgantown this June and not only will you be well informed - you will be inspired!

Jacki Englehardt
Coordinator of Professional & Community Education
WVU Division of Social Work
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Summer Institute Service Project

Show your care and win fabulous prizes! The WVU Graduate Social Work Student Organization is coordinating a service project at the 2009 Summer Institute on Aging. Participants are asked to donate Ensure/Glucerna, personal care products (toothpaste, shaving cream, shampoos, etc) or pairs of socks. All collected items will be distributed to local agencies serving the elderly. All donors will be entered into door prize raffles.

Monetary donations also welcomed. Make checks payable to "Christian Help" for Ensure/Glucerna or "Milan Puskar Health Right" for personal care products and socks.

Program at a Glance

Monday, June 1

1:00-1:15pm Welcome

1:15-2:30pm Opening Keynote "Changing Attitudes About Aging in West Virginia"- Heady

2:45-5:45pm Workshops

M1 Addressing the Issues and Needs of the Elderly Inmate

M2 Understanding and Preventing Suicide among Older Adults

M3 Maturing Face of HIV/AIDS: Prevention Challenges

Tuesday, June 2

8:30-10:00am Workshops

T1 "Don't worry about me, I'm fine": Serving the Elderly in Rural Places (Part One)

T2 Issues of Prescription Drug Use for the Elder Population

T3 Compassion Fatigue: When caring burns out

10:15-11:45am Workshops

T4 "Don't worry about me, I'm fine": Serving the Elderly in Rural Places (Part Two)

T5 Drugs and Denial: Identifying Addiction in the Older Adult Population

T6 Capturing and Preserving Memories and Stories: An Overview

11:45am-1:00pm Box Lunch (provided) with a performance by the String of Pearls

1:00-3:00pm Workshops

T7 This is My Life We're Quarreling About! (Part One)

T8 Walk in Their Shoes: Caregivers' Experiences and Insights

T9 I Want To Go Home!

3:15-5:15pm Workshops

T10 This is My Life We're Quarreling About! (Part Two)

T11 A Case Review of Elder Abuse: The Naomi King Story

T12 Depression in Later Life

Wednesday, June 3

8:15-9:15am and 9:20-10:20am Early Morning Networking Sessions

10:30-11:30am Midweek Keynote

"Washington Update" – Blancato

11:45-12:00pm Anita S. Harbert Award

12:00-1:15pm Lunch (on your own)

1:15-2:45pm Workshops

W1 Changing Attitudes About Self-Direction

W2 Don't Be Caught Dead: Plan Instead

W3 Help with Anxiety Management for Older Adults and their Families (Part One)

3:00-4:30pm Workshops

W4 Medicare Updates in 2009

W5 Creating a Coordinated Community Response to Elder Abuse

W6 Help with Anxiety Management for Older Adults and their Families (Part Two)

Thursday, June 4

8:15-9:45am Workshops

TH1 Seniors in Action: Rural Health Programs that Work

TH2 The Art of Engagement (Part One)

TH3 Hoarding in Older Adults: Etiology, Assessment, Solutions

10:00-11:30am Workshops

TH4 The Boomers Are Coming - Bingo Won't Cut it Anymore

TH5 The Art of Engagement (Part Two)

TH6 Physical Activity: A Link to Longevity

11:45 – 1:00pm Plated Lunch (provided)

Bluegrass Music: A Bridge Across Generations

1:00 – 2:30pm Workshops

TH7 Issues in Community Care for Older Adults: A Focus on Grandparents Raising Grandchildren (Part One)

TH8 Using the Law to Live Where You Want (Part One)

TH9 End of Life in the Health Care Setting

2:45 – 4:15pm Workshops

TH10 Issues in Community Care for Older Adults: A Focus on Grandparents Raising Grandchildren (Part Two)

TH11 Using the Law to Live Where You Want (Part One)

TH12 Lifestyle Changes for Healthy Aging

Conference Program

Monday, June 1

11:00 am Registration Opens

1:00 - 1:15 pm Opening Remarks

1:15 - 2:30 pm Opening Keynote Address



Changing Attitudes About Aging in West Virginia

Hilda R. Heady, MSW, Associate Vice President for Rural Health, Executive Director, WVRHEP, WV AHEC Program Director, West Virginia University Health Sciences Center

Ms. Heady's presentation will set the stage for the conference by identifying specific issues in West Virginia related to the theme of "Changing Attitudes About Aging". The issues will include: a brief review of the boomer pioneered movements to their latest impact on society; the economic impact of aging boomers, boomers and boomerangers; and where rural West Virginia and her aging population fits in this picture. The address will also include specific implications on aging and rural veterans and their families.

2:45-5:45 pm Concurrent Workshops

Workshop M1 Addressing the Issues and Needs of the Elderly Inmate

Christy Flores, Program Mentor, PSIMED Corrections, WV Division of Corrections; Jennifer Wehrle, Supervised Psychologist, PSIMED Corrections, WV Division of Corrections

This workshop will look at the unique issues related to the incarceration of the elderly individual. The needs and implications for the care of this population are only recently becoming a topic of discussion. As sentences are increased in an attempt to deter criminal activity, the incarcerated population continues to age presenting the system with specific needs. Participants will become familiar with the specific needs of the population, how our state compares to national trends, and will explore possibilities for dealing with the issues presented.

Workshop M2 Understanding and Preventing Suicide among Older Adults

Amy Fiske, PhD, Assistant Professor; Meredith Smith, Graduate Student; Sarra Zazem, Graduate Student; Brian Creasy, Graduate Student, Dept. of Psychology, WVU

Older adulthood is a period of elevated risk for suicide. This workshop will provide clinicians and administrators with an opportunity to acquire knowledge, examine attitudes, and become familiar with strategies for assessment and management of suicide risk in older adults. A conceptual framework for evaluating both acute and chronic components of risk will be presented. Current empirical literature on risk and protective factors relevant in late life will be reviewed.

Workshop M3 Maturing Face of HIV/AIDS: Prevention Challenges

Sherry Lucero, MSW, Raleigh County Commission on Aging, Inc

For many years, health and social service organizations have focused on HIV/AIDS prevention strategies that have often overlooked the senior population. In recent years, new AIDS cases rose faster in the over 50 population than in people under 40. During the last decade, HIV cases have risen 500% among seniors. This workshop will provide information that sheds light on the complex issue of HIV/AIDS, the cultural controversies of prevention efforts, how those controversies impact the senior population, and give practical strategies for communicating with older adults about HIV/AIDS and the issues that surround the disease.

Tuesday, June 2

8:30-10:00 am Concurrent Workshops

Workshop T1 “Don’t worry about me, I’m fine”: Serving the Elderly in Rural Places (Part One)

Barry Locke, MSW, EdD, Associate Professor, WVU Division of Social Work and Barbara Locke, BA, Graduate Certificate Aging

This workshop will consider social work practice with rural elderly populations. Taking a strengths perspective, participants will be exposed to issues associated with the meaning of place, the rural context, redefining helping resources, and building helping relationships that empower. Specific attention will be given to what it may mean to be an “Appalachian” and how that may influence the professional helping experience. Finally, consideration of what help seeking frequently means to the elderly and how they may see professional social workers will be addressed.

Note: Part One of this workshop will cover “The Appalachian Context and the Rural Elderly”. Part Two is offered at 10:15 am today (Workshop T4) and will cover “Social Service Practice with the Rural Elderly”.

Workshop T2 Issues of Prescription Drug Use for the Elder Population

Clara S. Shockley, MSW, Program Manager, Prescription Drug Abuse Quitline (PDAQ)

Aging brings an increase in pharmaceutical use, not only for those diagnosed with an illness but for preventive care, maintenance and health building. Use of pharmaceuticals has familiar risks and unexpected consequences for the elderly. Complicated overlap or side effects of combining medications are more familiar issues. Less familiar issues may include family pressure to share or give medications, crime or personal vulnerability, and ethical dilemmas of receipt of medicines by mail. Participants in this session will receive an overview of the issues of prescription drug use in the WV elder population, as well as options for community and individual assessment and intervention consistent with family-centered and aging theory and practice.

Workshop T3 Compassion Fatigue: When caring burns out

Kelli Hicks, LCSW and G. Yvonne Keller, Registered Nurse, West Virginia Department of Health and Human Resources

West Virginia has an aging population with an ever increasing demand for quality caregivers. The expectation for quality care for our elderly takes its toll on the emotional, physical and mental well being of those individuals who are caring for a vulnerable and sometimes traumatized population. This session will discuss the affects of Compassion Fatigue also known as Secondary Traumatic Stress disorder. An interactive dialogue will be part of this session. Come prepared to share your thoughts and ideas on ways to better care for yourself while caring for others.

Exhibiting Opportunities - RESERVE YOUR SPACE NOW!

Showcase your programs by exhibiting at the 31st Summer Institute on Aging. Exhibit space is limited so reserve your booth soon. To register your exhibit, go to our website at www.wvsioa.org. Just print, fill out and mail/fax the exhibitor application form back to us!

Contact Jacki Englehardt at the WVU Division of Social Work at 304-293-3501 ext. 3109 for information.

Conference Program cont.

Tuesday, June 2 (continued)

10:15-11:45 am Concurrent Workshops

Workshop T4 “Don’t worry about me, I’m fine”: Serving the Elderly in Rural Places (Part Two)

Barry Locke, MSW, EdD, Associate Professor, WVU Division of Social Work and Barbara Locke, BA, Graduate Certificate Aging

Part Two: “Social Service Practice with the Rural Elderly”. See full description of this session in Workshop T1 on Tuesday 6/2 at 8:30 am.

Note: Workshop T1 is NOT a prerequisite for this workshop.

Workshop T5 Drugs and Denial: Identifying Addiction in the Older Adult Population *Patty J. Deutsch, MA LPC, Tobacco Policy Director, Wellness Council of West Virginia*

This program will provide a comprehensive overview of common drugs of abuse, i.e. tobacco, alcohol and illegal drugs, and will highlight the negative impact of drug abuse on West Virginian’s senior population, their families and their caregivers. After attending this workshop, participants will be better able to identify drug abuse and develop a plan for treatment for their older adult clients. Best practices to encourage treatment for substance abuse will be discussed and WV resources will be provided to program attendees.

Workshop T6 Capturing and Preserving Memories and Stories: An Overview *Rae Jean V. Sielen, President, Populore Publishing Company*

Public interest in Personal History has surged in recent years. Research in the area of healthy aging shows this is a positive development—telling our stories is good for us. Topics to be covered in this workshop include benefits; risks and complexities; formats: print, audio, video; do-it-yourself versus “with help”; the general process; and getting started. Samples will be shown and opportunities for participant sharing provided. Personal History commercial publishing will not be covered. Story collection initiatives, life writing workshops, ethical wills, and web-based and other digital innovations will be discussed briefly, although this workshop will focus on individuals as storytellers.

11:45am-1:00pm Box Lunch (provided) with a performance by the String of Pearls

1:00-3:00 pm Concurrent Workshops

Workshop T7 This is My Life We’re Quarreling About! (Part One)

Fran Allen, MA, LSW, Mediator, Mediation Services, Counseling Wellness Center

Accepting your dependence on others can be transforming. At the same time it can be infuriating, scary and depressing. Providing support for another person can be rewarding. It can also be complicated, exhausting and thankless. When there is conflict, stress increases, and both care giver and care recipient can feel trapped and disrespected. This practical workshop offers an approach to preventing or resolving conflict, so that both care giver and care recipient are respected while ensuring the best possible experience to the person whose life is at the center.

Note: This is a two part workshop; please make sure you register for Part Two, Workshop T10, from 3:15-5:15pm on 6/2.

Workshop T8 Walk in Their Shoes: Caregivers' Experiences and Insights

Donna M. Tennant, Admission/Marketing Director, Sundale Nursing Home and Diane Kisinger, MSW, Asst. Activity Director, Sundale Nursing Home

Care giving is one of the most challenging yet meaningful experiences of life. This workshop will focus on insights for families and professionals. Attendees will learn tips from both perspectives on how to provide the best care possible without neglecting self-care. Emphasis will be on how to strengthen communication between the person in need of care, family members, and professional caregivers. The audience will have a better understanding of the aspects of what families see when their loved one is aging, and not always understanding the aging process.

Workshop T9 I Want To Go Home!

Regina A. Mayolo, CAPS, Technical Assistance Specialist, West Virginia Assistive Technology System

Many times, a health event can turn a temporary institutionalization into a permanent one if an individual's living environment cannot accommodate a change in health status. The return to home component of a hospitalization often is not addressed until the move is imminent, complicating barrier removal and resulting in facility placement. However, if planning to return home can be addressed at the onset of an in-patient stay or as a preventative aging-in-place measure, the result can be decreased health care costs for our society, as well as positive physical and mental benefits for individuals. This workshop will provide information on how a combination of services, home modifications and assistive technology can increase independence, safety, affordability and accessibility in living environments.

3:15-5:15 pm Concurrent Workshops

Workshop T10 This is My Life We're Quarreling About! (Part Two)

Fran Allen, MA, LSW, Mediator, Mediation Services, Counseling Wellness Center

See full description of this session in Workshop T7 on Tuesday 6/2 at 1:00 pm

Note: This is a two part workshop: please make sure you register for Part One, Workshop T7, 1-3pm on 6/2.

Workshop T11 A Case Review of Elder Abuse: The Naomi King Story

Jim Sizemore, Detective Lieutenant, Fayette County Sheriff's Office

This workshop will present an in-depth case study of an investigation into the brutal abuse and neglect of an elderly person that resulted in a slow and painful death. The workshop will focus on the interdisciplinary efforts necessary to investigate and prosecute cases of elder abuse. This workshop is appropriate for anyone who has an interest in the prevention of elder abuse. WARNING: Graphic visual aids are used during this presentation.

Workshop T12 Depression in Later Life

Ellen Gricewich, LICSW, BCD, Assistant Professor, WVU School of Medicine

This workshop will examine the prevalence, etiology and barriers to treatment of depression in the elderly. The relation of depression to coexisting disorders and contributory factors will be examined. Standards of best care will be described as found in current research.

Conference Program cont.

Wednesday, June 3

8:15-9:15 am & 9:20-10:20 am Morning Networking Sessions

10:30-11:30 am **Midweek Keynote Address Washington Update**



Robert Blancato, BA, MPA, President of Matz, Blancato & Associates, Inc.

This presentation will give an update on all current and pending legislation related to the field of aging in the 111th Congress, as well as the role of aging programs in the new Administration's Agenda.

11:30-11:45 am **Anita S. Harbert Award**

11:45-1:15 pm **Lunch (not provided)**

1:15-2:45 pm **Concurrent Workshops**

Workshop W1 Changing Attitudes About Self-Direction

Marcus Canaday, MS, Program Manager, Bureau for Medical Services and David Horvath, MS, Program Manager, Public Partnerships, LLC

This session will provide participants with an introduction to Personal Options, the self-directed service option in the Medicaid Aged and Disabled Waiver program. Personal Options allows members to select, hire and manage their own employees, and to purchase goods and services to help them live independently in the community.

Workshop W2 Don't Be Caught Dead: Plan Instead

Sueann F. Schuille, MSW, West Virginia University Division of Social Work and Karl F. Schuille, FSL, Turner-Robertshaw Funeral Home

Looking ahead and making personal decisions regarding end of life planning such as funeral arrangements and financing has become an essential part of estate planning for today's families. Pre-planning for such end of life arrangements, is not something you do for yourself; it's something you do for your loved ones. Often it may be the social worker or nurse who is has the opportunity to initiate dialogue about these issues with clients. This workshop will give the human service professional a basic understanding of the funeral arrangement process, including straight forward facts about legal requirements and costs, as well as how dealing with "special circumstances" can be handled much more smoothly if arranged for in advance.

Workshop W3 Help with Anxiety Management for Older Adults and their Families (Part One)

Betsy Randall, PhD, LICSW, Associate Professor, Program Coordinator, Southern Tier, MSW Program, WVU Division of Social Work

The session will address issues of anxiety management for older adults and those who are involved in their care. Topics discussed will include psychosocial intervention, psychopharmacology, group work, and family work. The session will review the contemporary evidence basis for this field of practice from a broad perspective and also from a more specific perspective based on a particular case situation. Time will be reserved for participant discussion.

Note: This is a two part workshop; please make sure you register for Part Two, Workshop W6, 3:00-4:30pm on 6/3/09

3:00 – 4:30 pm Concurrent Workshops

Workshop W4 Medicare Updates in 2009

Melissa A. Herd, Health Insurance Specialist, Office of External Affairs, Centers for Medicare & Medicaid Services

This workshop will focus on updates and changes to the Medicare Program, particularly to Medicare Parts A, B, C and Part D. This workshop will also include updated information regarding MIPPA, DMEPOS and other initiatives, such as care giving, for Medicare in 2009. Today's caregivers are tomorrow's Medicare beneficiaries; therefore, the education and information we provide about the Medicare program, its benefits, and its covered services will benefit the next generation as well.

Workshop W5 Creating a Coordinated Community Response to Elder Abuse

Debby Weinstein, Executive Director, YWCA of Charleston and Susie Layne, LSW, Senior Program Specialist, WV DHHR

This workshop is designed for anyone who wishes to contemplate being a change agent in the way that their community looks at and responds to elder abuse. A brief overview of the many different types of elder abuse will be covered. Additionally, the presenters will identify some of the existing problems regarding services for, and systemic responses to, victims in West Virginia. Harnessing the influence of community leaders and the power of teams will be discussed. Participants will leave this session with knowledge of fundamental and universal strategies for creating coordinated community responses to elder abuse in diverse types of communities.

Workshop W6 Help with Anxiety Management for Older Adults and their Families (Part Two)

Betsy Randall, PhD, LICSW, Associate Professor, Program Coordinator, Southern Tier, MSW Program, WVU Division of Social Work

See full description of this session in Workshop W3 on Wednesday 6/3 at 1:15 pm

Note: This is a two part workshop, please make sure you register for Part One, Workshop W3, 1:15-2:45pm on 6/3/09.

Thursday, June 4

8:15-9:45 am Concurrent Workshops

Workshop TH1 Seniors in Action: Rural Health Programs that Work

Mary Slabinski, LSW, Rural Health Program Specialist/Clinical, Center for Excellence in Disabilities

Increasing demands in gerontology challenge service providers' innovation in managing expanding needs within senior health while securing entitlement benefits and maximizing minimal resources. The reality of our current service arena dictates that seniors must become involved, knowledgeable and motivated in overseeing their own health care. This workshop offers alternative models to the traditional client-provider relationships and service provision that are proving ineffective, especially in rural areas. Learn about the maximizing power of senior leadership in peer-led education models and community-based initiative designs.

Thursday, June 4 (continued)

Workshop TH2 The Art of Engagement (Part One)

Randy Housh, Lead Presenter, Skills for Success

Managing the staff/client relationship is crucial to quality service delivery and consistently insuring an environment that supports the clients own sense of safety and well being. Effective communication is key in recognizing, defusing, and deescalating symptoms of stress and anxiety that can lead to defensiveness and potential belligerence and non compliance in the client population. This workshop will offer participants practical solutions and useful/preventative techniques to assist them during those times when miscommunication/anxiety verge on interfering with client care and the client's emotional well being.

Note: This is a two part workshop; please make sure you register for Part Two, Workshop TH5, 10:00-11:30am on 6/4/09

Workshop TH3 Hoarding in Older Adults: Etiology, Assessment, Solutions

Amy Fiske, PhD, Assistant Professor; Paula Prentice, Doctoral Student, Clinical; Katrina McCoy, Doctoral Student, Clinical; Dept. of Psychology, WVU

The hoarding of and failure to discard possessions is a behavior associated with many psychological and organic disorders. This problem is especially prevalent in older adults. It can often cause distress to the individual and loved ones, and, in some cases, may be life-threatening. This workshop, presented by members of the Psychology Department at WVU, is geared toward professionals and caregivers who interact with the elderly and who would like more information on this problem. Topics will include a definition of hoarding, causes and prevalence, tools for assessment, and information regarding treatment.

10:00-11:30 am Concurrent Workshops

Workshop TH4 The Boomers Are Coming - Bingo Won't Cut it Anymore

Melissa Gandee, Program Director, Alzheimer's Association, WV Chapter

This workshop will provide participants with a basic understanding of the need to provide meaningful, purposeful and engaging activities for the new wave of the future, the BABY BOOMERS!! Playing bingo or participating in a sing-a-long will not meet the individual needs of this unique generation of individuals. Participants will have a working definition of what it means to provide person-appropriate activities versus age-appropriate activities and how this relates to person centered care. Activities are important to us all. The activities or interactions of those with Alzheimers disease are equally important. How can those activities make them feel in control? Feel good about themselves? Provide security, inclusion and affection? We will show you!

Workshop TH5 The Art of Engagement (Part Two)

Randy Housh, Lead Presenter, Skills for Success

See full description of this session in Workshop TH2 on Thursday 6/4 at 8:15 am

Note: This is a two part workshop; please make sure you register for Part One, Workshop TH2, 8:15-9:45am on 6/4/09.

Workshop TH6 Physical Activity: A Link to Longevity

Kimberly Zaph, Wellness Program Manager, West Virginia University

Participating in safe and effective physical activity requires planning, creativity, proper execution and knowledge of realistic exercise goals. This interactive workshop will review the components of exercise, the health benefits of exercise as we age and the 2008 Physical Activity Guidelines for Americans. The session will conclude with a discussion of physical activity options to improve aerobic conditioning, locomotion, balance, and functional strength for older adults.

11:30-1:00 pm Plated Lunch - Bluegrass Music: A Bridge Across Generations

Everett Lilly, MSW, ACSW, PhD, Professor, Mountain State University, Social Work Dept.

This workshop will cover the origins of bluegrass music as a 'music of the people,' why this form of music was important, the further development and spread of this 'hybrid' type of music around the world, the continued relevance of bluegrass music, and the bridge this music builds across generations and cultures. The presentation methods utilized will include lecture, discussion, and a music performance by The Songcatchers, a multi generational group of Appalachian musicians.

1:00-2:30 pm Concurrent Workshops

Workshop TH7 Issues in Community Care for Older Adults: A Focus on Grandparents Raising Grandchildren (Part One)

Kristina Hash, MSW, PhD, Associate Professor, West Virginia University Division of Social Work and Loriann Sonntag, LGSW/MSW, MS, Visiting Homemaker Service, Inc.

This workshop will explore issues in meeting the needs of community dwelling older adults in WV and surrounding areas. An overview of community care options will be presented, including assistance with personal care, nutrition, health, housing, social needs, recreation, and end of life care issues. The special focus this year will be on grandparents raising grandchildren. An invited panel of providers and custodial grandparents will discuss this issue as well as the programs available to assist clients. The workshop will conclude with an interactive question and answer session with the panelists.

Note: This is a two part workshop; please make sure you register for Part Two, Workshop TH10, 2:45-4:15pm on 6/4/09.

Workshop TH8 Using the Law to Live Where You Want (Part One)

Cat McConnell, Executive Director, West Virginia Senior Legal Aid; Suzanne Messenger, State Long-term Care Ombudsman, WV Bureau of Senior Services and Melissa Wright, Associate Director, Regional Long-term Care Ombudsman Program, Legal Aid of West Virginia

Whether a senior chooses to own a home, rent a home or apartment, or live in a long-term care facility, obstacles to staying in the home of your choice often increase as you get older. Federal and state laws provide some protections to overcome these obstacles, but rights can't help unless you know what they are and how to exercise them. In this workshop we will identify existing federal and state legal protections that can help seniors remain in the homes of their choices (including homes they own, apartments they rent, or long-term care facilities), identify ways to avoid potential housing problems, and explore strategies to exercise their rights when housing problems arise.

Note: This is a two part workshop; please make sure you register for Part Two, Workshop TH11, 2:45-4:15pm on 6/4/09.

Conference Program cont.

Thursday, June 4 (continued)

Workshop TH9 End of Life in the Health Care Setting

Jeanie DeVito Brenneman, MSW, Tender Loving Care Hospice, Amedisys

Working with death and dying can create coping problems in the work-place and also can cause stress in personal lives as well as serious health care issues. Participants in this workshop will become aware of how modern medicine has created new definitions of death and will gain knowledge on how to identify and cope with compassion fatigue, tempering involvement, secondary trauma, and disenfranchised grief. The manner of how the work-place settings support workers, patients and their families will be explored.

2:45-4:15 pm Concurrent Workshops

Workshop TH10 Issues in Community Care for Older Adults: A Focus on Grandparents Raising Grandchildren (Part Two)

Kristina Hash, MSW, PhD, Associate Professor, West Virginia University Division of Social Work and Loriann Sonntag, LGSW/MSW, MS, Visiting Homemaker Service, Inc.

See full description of this session in Workshop TH7 on Thursday 6/4 at 1:00 pm

Note: This is a two part workshop; please make sure you register for Part One, Workshop TH7, 1-2:30pm on 6/4/09.

Workshop TH11 Using the Law to Live Where You Want (Part Two)

Cat McConnell, Executive Director, West Virginia Senior Legal Aid; Suzanne Messenger, State Long-term Care Ombudsman, WV Bureau of Senior Services and Melissa Wright, Associate Director, Regional Long-term Care Ombudsman Program, Legal Aid of West Virginia

See full description of this session in Workshop TH8 on Thursday 6/4 at 1:00 pm

Note: This is a two part workshop; please make sure you register for Part One, Workshop TH8, 1-2:30pm on 6/4/09.

Workshop TH12 Lifestyle Changes for Healthy Aging

Liz Quintana, Compton Nutrition Program Coordinator, WVU School of Medicine/Department of Medicine

Will You Still Need Me, Will You Still Feed Me When I'm Seventy-four? Successful aging includes preserving function and maintaining independence, productivity, and personal fulfillment. Health promotional strategies can improve function and reduce morbidity and premature death. Health care providers can help promote proper nutrition and lifestyle changes when educating and caring for elders. Educational strategies and resources for health professionals and consumers will be highlighted.

West Virginia University does not discriminate on the grounds of race, color, national origin, sex, sexual orientation, age, veteran status, religion, or handicap in the administration of any of its educational programs, activities, or with respect to admission and employment. Inquires may be directed to the Executive Officer for Social Justice, 105 Stewart Hall, Office of the President, (304) 293-5496.

General Information

CONTINUING EDUCATION CREDITS

Social Work: This conference has been approved for a maximum of 24.5 continuing education contact hours for licensed Social Workers in WV, MD & PA, under the West Virginia University School of Applied Social Sciences Division of Social Work WVBSWE Provider #490051. An application for approval for Ohio Social Work CEUs has been submitted. Ohio licensed social workers should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference. Social Workers from other states should contact their respective licensure boards regarding approval PRIOR to registering for the conference.

Counseling: This conference has been approved for a maximum of 21 continuing education contact hours for Licensed Professional Counselors in WV under the West Virginia University School of Applied Social Sciences Division of Social Work WVBEC Provider # WVBEC-543. An application for approval for Ohio LPC CEUs has been submitted. Ohio LPCs should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference.

Nursing: This conference has been approved for 27.6 CEUs for nurses through the WVU Center on Aging, Provider # WV 2004-0458RN.

PARKING/LODGING

Parking: Parking is NOT included in the registration fee. Parking at the Waterfront Place Hotel parking garage is \$6/day, valet parking \$8/day. Parking is also available at the Morgantown City Garage on Wharf Street. It is a short walk from the hotel and is \$0.50 per hour.

Waterfront Place Hotel: A block of rooms has been reserved at a special group rate of \$94 per night + tax (Group Code: Summer Institute on Aging). The phone number is 304-296-1700 or 866-782-9974. Reservations can also be made online at www.waterfrontplacehotel.com; click on "Reservations"; then click on "Group Reservations"; enter the Attendee Code: Aging2009. Reservations must be made by May 10, 2009 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Quality Inn & Suites: Located off I-79, Exit 155, cross Star City bridge, turn right on to Saratoga Ave (before State Police/Coliseum). The phone number is 304-599-1680. A block of rooms has been reserved at a special group rate of \$71.99 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 15, 2009 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Comfort Inn: Located just off I-68, Exit 1, head north on 119 towards Morgantown, at the first spotlight turn right. The phone number is 304-296-9364. A block of rooms has been reserved at a special group rate of \$68 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 10, 2009 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

For more lodging information please log on to WVU Visitors Resource Center at <http://visit.wvu.edu/> and click on directions & lodging.

Registration Forms

Name _____ Badge First Name _____

Employer/Affiliation _____

Are you a WVU Student taking this course for credit? Yes No

Mailing Address _____

City _____ State _____ Zip _____ Phone _____

Fax _____ E-mail _____

Seeking CE Credits for? SW _____ Nursing _____ Counseling _____

Check this box if you do NOT want your contact information listed on the participant list

Check this box if you will volunteer to convene a workshop

Conference fees include two luncheons (Tues & Thurs), CE credits and all conference materials. **Early bird registrations must be postmarked on or before May 11, 2009.**

Please select:	Registration Type	Before May 11	After May 11
<input type="checkbox"/>	Full Conference (4 days)	\$250	\$300
<input type="checkbox"/>	3 Day Fee (circle below) Monday- Tuesday- Wednesday Tuesday - Wednesday -Thursday	\$210	\$260
<input type="checkbox"/>	2- day Fee (circle below) Monday -Tuesday Tuesday- Wednesday Wednesday-Thursday	\$150 \$175 \$175	\$200 \$225 \$225
	1 - Day Fee		
<input type="checkbox"/>	Monday	\$75	\$125
<input type="checkbox"/>	Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday	\$100	\$150

Discounts: Check only one (if qualified) and subtract from registration amount

- Retired \$25
- Students (not for academic credit) \$25
- Unemployed \$25
- Multiple registrants 3 or more \$25 (Must register all at same time)
- Active Field Instructors \$50

Total Registration Due \$ _____

Payments: Checks payable to West Virginia University

Credit Card: Mastercard Visa Discover

Credit Card # _____ Exp. Date ____/____

Mail form and payment to:
WVU Division of Social Work
Attn: SIOA
PO Box 6830
Morgantown, WV 26506-6830
Fax Form to: 304-293-5936, Attn: Summer Institute

Office Use Only
 Amt. Paid _____
 Amt Unpaid _____
 Payment Method _____
 Ref # _____
 Deposit Date _____
 Confirm Date _____

Name _____

Workshop Selections: Please pick 1st and 2nd Choice in each time period:

Please use workshop number as indicated by each title on program brochure.

Monday, June 1st:

Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Tuesday, June 2nd:

8:30 Morning Sessions: 1st Choice _____ 2nd Choice _____

10:15 Morning Sessions: 1st Choice _____ 2nd Choice _____

Lunch provided _____ will attend _____ not _____ Vegetarian Meal ___ Yes ___ No

1:00 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

3:15 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Wednesday, June 3rd:

Networking Sessions _____ will attend _____ will not attend

1:15 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

3:00 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Thursday, June 4th:

8:15 Morning Sessions: 1st Choice _____ 2nd Choice _____

10:00 Morning Sessions: 1st Choice _____ 2nd Choice _____

Lunch provided _____ will attend _____ not _____ Vegetarian Meal ___ Yes ___ No

1:00 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

2:45 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Cancellation Policy: Cancellations must be received before 5/26/09, a processing fee of \$25 will be charged for all cancellations. No refunds will be made after 5/26/09. Substitutions are permitted at any time but must be put in writing to: Jacki Englehardt, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506.

Scholarships: A limited number of partial scholarships are available. All requests must be in writing to: Jacki Englehardt, Coordinator of Professional & Community Education, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506. In the request, include the following: reasons for requesting a scholarship; how attending the Summer Institute will enhance your practice; agency overall budget amount & agency budget amount for training/continuing education (if employed); agency status (i.e. nonprofit); and other pertinent information. For more information, call 304-293-3501, ext. 3109

Please note this form must be submitted with registration and payment.

**For additional information contact: Jacki Englehardt, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506-6830. Phone: 304-293-3501 ext. 3109
Fax: 304-293-5936**

VISIT OUR WEBSITE AT WWW.WVSIOA.ORG

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DIVISION OF SOCIAL WORK

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