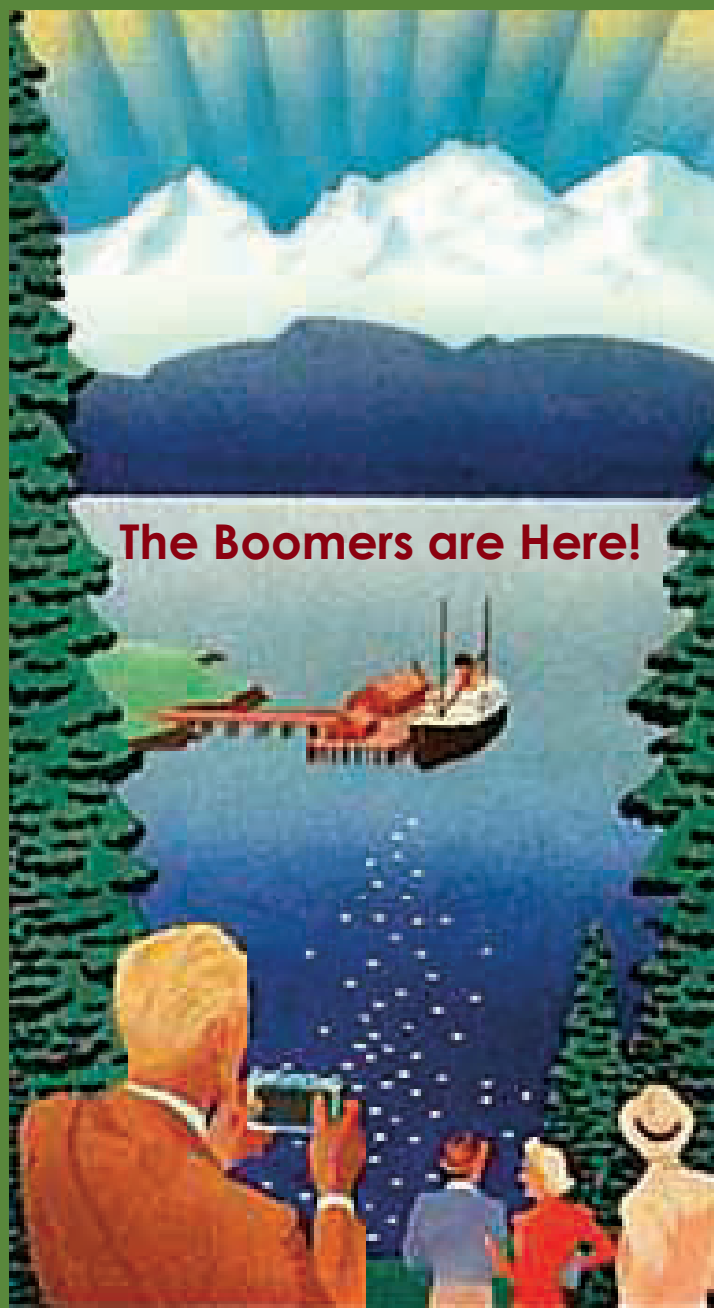


28th Summer Institute on Aging

Preparing for the Aging Boom: Impact and Action



The Boomers are Here!

**June 5-8, 2006
Radisson Hotel at Waterfront Place
Morgantown, WV**

Sponsored by



West Virginia University
SCHOOL OF APPLIED SOCIAL
DIVISION OF SOCIAL WORK



West Virginia University
CENTER ON AGING

Welcome

Welcome to the 28th Annual Summer Institute on Aging! If you are looking for an opportunity to concentrate on the current issues and trends in the aging arena, then this year's Institute is the place to be.

Each summer, practitioners have gathered to discuss the concerns, impacts, and special issues surrounding the provision of services to older adults in our region at SIOA. Why is 2006 any different? On January 1, 2006, the first of the "Baby Boomers" turned 60, setting into motion the explosion into senior status that the generation will create.

This year's theme "**Preparing for the Aging Boom: Impact and Action**" focuses on defining some of the consequences that the aging population surge will have on our region as well as developing strategies to meet the growing needs.

The opening Keynote Speaker, **Dr. Jeanette Takamura**, is uniquely qualified to give a global and national perspective of how the "Baby Boomers" will shape the aging agenda. Dr. Takamura is currently the Dean of the Columbia University School of Social Work and formerly served as Assistant Secretary for Aging under President Bill Clinton. She will hone in on key issues to watch in terms of services, policy, and advocacy.

Thursday's Keynote presentation will focus on issues close to home in West Virginia – long-term care, Medicaid, and health insurance access. **Sally Richardson**, Executive Director for the West Virginia University Institute for Health Policy Research will detail the WV Medicaid Redesign as it applies to Long-Term-Care. A panel of responders will offer their perspectives and the audience will have an opportunity to ask questions as well.

Throughout the rest of the Institute, there will be opportunities for learning in a variety of areas. The planning committee included some "down time" activities too, including a dessert reception/exhibit open house on Monday evening and an evening of Appalachian storytelling from Mountain Echoes on Wednesday. Hope to see you there!

The feedback from 2005 was so positive, that we decided to convene at the Radisson again this year. You can view their web site at: www.radisson.com/morgantownwv. When you register for a room please mention code SIOA so that you will get the participant discounted rate of \$82 per night. They have blocked a limited number of rooms so register early. There are other lodging options available in the area. Information on some of those options is included under "Lodging Information".

Parking is included in your costs but you must get your ticket validated. Take your ticket to the front desk when you are ready to return to your car and ask to have it validated. The front desk will then punch your ticket and you will, upon leaving the garage, use that ticket to exit. Handicap parking is available. Valet parking is also available and that will cost you an extra \$2.00. We will not pay for valet parking.

This year marks another special occasion, the return of the WVU Center on Aging as a co-sponsor of SIOA! A special Thank-You goes out to the dedicated, hardworking 2006 Planning Committee: Maria Durbin, Sara Jane Gainor, Sherry Kuhl, and Ginny Majewski. Also, many thanks are extended to the faculty and staff of both departments who have worked tirelessly to take care of all the details behind the scenes of SIOA.

If you have questions please visit the SIOA website at www.wvsioa.org OR contact Jacki Englehardt, Coordinator of Professional & Community Education at the WVU Division of Social Work at 293-3501 x3109 or Jacki.Englehardt@mail.wvu.edu

Program at a Glance

Monday, June 5

9:00-11:30am Opening Keynote

The Global Boom: Challenges, Responsibilities and Opportunities - *Takamura*

11:30-1:00pm Lunch (on your own)

1:00-5:00pm Workshops (with a 30 minute break)

Ethics in an Aging Society - *Carter*

“Gayging”: Special Issues for LGBT Elders - *Hash*

Addictions and the Elderly - *Gainor, Cooper*

Elder Abuse & Adult Protective Services: A Primer from Two Perspectives - *Pishner, Johnson*

7:00-9:00pm Desert Reception/Exhibit Open House

Tuesday, June 6

8:30-11:30am Workshops (with a 20 minute break)

Long-Term Care for Boomers and Their Parents: Practice and Policy Challenges for 21st Century - *Applebaum, McGrew*

The Cycle of Strategic Planning & Evaluation - *Majewski*

The Gray “Blues”: Assessment and Treatment of Depression in the Elderly - *Leizear*

Nutrition and the Elderly: What You Didn't Know - *Ham*

11:30 -1:00pm Box Lunch with Activity (provided)

1:00-5:00pm Workshops (with a 30 minute break)

The Impact of Boomer Volunteers - *Kisinger, Marsh, Tennant, N.Lohmann, R.Lohmann*

Psychotic Disorders in Later Life/Depression, Dementia, and Multicultural Perspectives - *Young, Wu*

Persuading Politicians to Promote Aging Policy - *Hunter*

Long-Term Care for Boomers and Their Parents: Practice & Policy Challenges of the 21st Century - *Applebaum, McGrew*

Wednesday, June 7

8:15-9:15am Early Morning Networking Sessions

Wednesday continued...

9:30-11:30am Keynote Address

The Promise of the WV Medicaid Redesign of Long-Term Care and the Impact of Health Insurance Access on Baby Boomers in WV - *Richardson*

11:30-1:00pm Lunch (on your own)

1:00-5:00pm Workshops (with a 30 minute break)

The Booming of Age-Related Policy - *Brown, Kuhl*

The Science of Aging, Religion, and Health - *Hicks Patrick*

Language Matters: Achieving Shared Meaning in Health Care of the Rural Elderly - *Doyle, Hazen*

Addictions and The Elderly - *Gainor, Cooper*

5:00-6:30pm Storytelling Reception

Thursday, June 8

8:30-11:30am Workshops (with a 20 minute break)

The Cycle of Strategic Planning and Evaluation - *Majewski*

Polypharmacy: Advocating for the Elderly Client - *Elliott*

A Baby Boomer's Guide to Medicare - *Smallridge*

The Gray “Blues”: Assessment and Treatment of Depression in the Elderly - *Leizear*

11:30 -1:00pm Lunch (provided)

1:00-5:00pm Workshops (with a 30 minute break)

The Impact of Boomer Volunteers - *Kisinger, Marsh, Tennant, N.Lohmann, R.Lohmann*

Psychotic Disorders in Later Life/Dementia and Multicultural Perspective/Assessment & Treatment of Family Caregivers with Dementia - *Young, Wu, Rankin*

Keeping What You've Got: Preventing Financial Exploitation and Protecting Life Savings from Nursing Home Costs - *McConnell, Townsend*

Literacy, Older Rural Patients and Health Care - *Nath, Mason, Legg, Harper*

Conference Program

Monday, June 5

8:00 am Registration and Exhibits Open

9:00 - 9:30 Opening Remarks

Virginia Majewski, MSW, PhD, *Chairperson, WVU Division of Social Work*
Richard J. Ham, MD, *Director, WVU Center on Aging*
Sandra K. Vannin, Ed, *Commissioner, WV Bureau of Senior Services*

9:30 - 11:30 am Opening Keynote Address

The Global Boom: Challenges, Responsibilities and Opportunities

Jeannette C. Takamura, MSW, PhD, Dean at Columbia University School of Social Work, New York, NY



This presentation will examine the contours of the Boomer population within a global context. It will describe how the Baby Boomers may be expected to shape the aging agenda in West Virginia, the nation, and the world. It will describe the challenges that communities and nations around the world will be compelled to confront. Additionally, the presentation will identify some of the responsibilities with which members of the Boomer generation will

continue to grapple unless there are durable policy and program initiatives and collaborations devised for the future.

11:30 - 1:00 pm Lunch (on your own)

1:00 - 5:00 pm Concurrent Workshop Sessions

Workshop M1 Ethics in an Aging Society

Mary W. Carter, Ph.D., Assistant Professor Center on Aging and Department of Community Medicine, WVU

Why do we consider personal autonomy important? To what degree should an individual's age influence the type of care received? Should elders ever be physically or chemically restrained to ensure their personal safety? Are health professionals justified in proceeding with treatment plans that are explicitly against an elderly person's stated wishes? What if the elder suffers from deteriorating dementia? Answers to these questions are elusive. Further, although interdisciplinary approaches to meeting the needs of elders has resulted in the incorporation of expertise on a number of fronts, such an approach has also created an arena where decision-making practices draw from competing professional standards and ethical frameworks. Consequently, while we are succeeding in developing a system supported by a range of disciplines with the long history of knowledge associated with each of those disciplines, the overall structure suffers from a lack of clear vision regarding how ethical dilemmas in caring for elders should be addressed. In response, this workshop will explore the fundamental ethical underpinnings of ethical decision-making and caregiving issues related to an aging society. Using a mix of group discussion, informal lecture, small group activities, case studies and brainstorming, the aims of the workshop include: identify the basic schools of moral philosophy and understand how these shape ethical decision-making; examine the historical development of modern day dilemmas (e.g., artificial nutrition and hydration); explore how these issues contribute to current debates; understand current dilemmas in the context of population aging and to begin to formulate an ethical framework appropriate for long-term care decision-making with the explicit purpose of providing a catalyst to promote further discourse and expand consideration of what an ethic of long-term care might entail.

Workshop M2 “Gayging”: Special Issues for LGBT Older Adults

Kristina Hash, MSW, PhD, Assistant professor in the Division of Social Work at WVU

This session will focus on the special issues of gay, lesbian, bisexual, and transgendered older adults. Topics will include special needs and concerns, caregiving issues, and social policies that affect this population. In addition, suggestions for creating supportive agency environments for LGBT clients and staff will be addressed.

Workshop M3 Alcohol And Drug Problems In Older Adults/Gambling Away The Golden Years

Sara Jane Gainor, MBA, Program Director, Mountain State Geriatric Education Center

Mia Moran-Cooper, LSW, Executive Director of the Problem Gamblers Help Network of WV

Alcohol and drug abuse among adults 60 and older is one of the fastest growing health problems facing the country, yet, even as the number of older adults suffering from these disorders climbs, the situation remains underestimated, underidentified, underdiagnosed, and undertreated. In the United States 2.5 million older adults have problems related to alcohol but very little attention is given to this segment of the population in spite of the fact that 21% of hospitalized adults above the age of 40 have a diagnosis of alcoholism and equals costs of \$60 billion per year. The expectation is that with the oncoming baby boomers, this number will increase at an even greater rate. This presentation will explore the problem of alcoholism and addiction and the knowledge, skills and attitudes necessary for identifying, screening, assessing and treating older patients. A basic review of the signs and symptoms of the disease of alcoholism/addiction will be presented as a background to the special issues of the elderly.

For most people, including many seniors, gambling is simply a form of entertainment. Experts agree that casual gambling with affordable wagers is not harmful. Unfortunately, for as many as six to nine million Americans, gambling becomes a devastating addiction. For seniors with few, if any earnings years left to re-coup financial losses, the consequences of problem gambling are even more severe. Considered the new “silent” addiction, few area professionals have any training to recognize a gambling problem nor where to refer seniors for help. This workshop will highlight the differences between recreational and problem gambling, identify the warning signs and symptoms of a senior with a gambling problem, and provide participants with screening and referral information.

Workshop M4 Elder Abuse & Adult Protective Services: A Primer from Two Perspectives

Bonnie Pishner, BSW, MSW, LSW, Program Manager, Adult Services Policy Unit, WV

Department of Health and Human Resources

Sergeant Dennis Johnson, West Virginia State Police

WV Code is the basis for Adult Protective Service investigations and will be discussed, along with mandatory reporting, who is mandated to report, and how and when mandatory reporters must report. The mandatory reporting form will be reviewed and explained. What happens when a report of abuse/neglect is made known to the local Adult Protective Services Unit will be discussed. The individual’s right to self-determination and autonomy will be explored, along with the role of the Adult Protective Services worker. Confidentiality as defined by WV Code will be presented. The relationship between APS and law enforcement will also be explored. Law enforcement’s role in abuse cases will be reviewed, as well as the forensics of an abuse case and what information law enforcement need to know to complete an investigation.

7:00 - 9:00 pm Dessert Reception and Exhibit Open House

Conference Program cont.

Tuesday June 6

8:30-11:30am Concurrent Workshops

Workshop T1 Long-Term Care for Boomers and Their Parents: Practice and Policy Challenges for the 21st Century - Part I

Robert Applebaum, MSW, PhD, Director of the Ohio Long-Term Care Project, Scripps Gerontology Center, Miami University

Kathryn McGrew, MSW, PhD, Associate Professor of Gerontology and Research Fellow, Scripps Gerontology Center, Miami University

States are struggling with how to provide long-term care services & support to individuals who experience a chronic disability. By the time the baby boomers reach old age, the US will see a tripling in the size of the population in need of long-term care. Part I (AM) of the workshop will provide an overview of the long-term care system as it is now configured and identify the critical policy and practice issues faced by the current system.

Workshop T2 The Cycle of Strategic Planning and Evaluation

Virginia Majewski, PhD, Chairperson, WVU Division of Social Work

In these dramatically changing times, organizations need to foster creativity & flexibility. This is a guiding principle of strategic planning, a process that enables an organization to remain true to its vision & mission, while exploring ways to improve services and be open to opportunities for expansion & adaptation. This workshop will focus on key elements of strategic planning, including assessing internal strengths and limitations, analyzing external opportunities and challenges, developing actionable goals and objectives, and selecting an appropriate mix of strategies. Evaluation of strategies, as well as program outcomes, will be discussed as an integral part of the strategic planning process.

Workshop T3 The Gray “Blues”: Assessment and Treatment of Depression in the Elderly

Samuel J. Leizear, MSW, Field Education Coordinator, WVU Division of Social Work

Although depression is relatively simple to treat, this condition continues to be undiagnosed and/or misdiagnosed among our older citizens. This interactive workshop will present the findings of recent research regarding the incidence and treatment of depression among the elderly, information regarding assessment tools which can be used by the “layperson” to screen for depression, tools for older persons and their support network members to utilize in advocating for treatment, and the various treatment options available today. Suggestions for the development of educational materials regarding depression in the elderly will also be provided.

Workshop T4 Nutrition and the Elderly: What You Didn’t Know

Richard J. Ham, MD, Director, WVU Center on Aging, Professor of Geriatric Medicine and Psychiatry, WVU School of Medicine

This presentation will focus on the issues that relate to nutrition in the elderly. Older adults have special nutritional needs of which many people working with this population need to be aware. Older adults require less food intake, but still need proper balance of nutrients in their diet. Also, other factors that affect nutrition will be explored and discussed. Factors like, medications, financial status and diet all play a role in the nutrition of older adults.

Tuesday June 6

11:30 - 1:00 pm Box Lunch with Activity (provided)

1:00 - 5:00 pm Concurrent Workshops

Workshop T5 The Impact of Boomer Volunteers

Diane Kisinger, MSW, Volunteer Action Center/Agency Relations Coordinator, United Way
Suzanne Smart, BS, Statistician, National Institute for Occupational Safety and Health
Donna M. Tennant, AS, Activity/Admission/Marketing Director, Sundale Nursing Home
Nancy Lohmann, PhD, Professor of Social Work, Senior Advisor to Provost, WVU
Roger Lohmann, PhD, Professor of Social Work & Director, Nova Institute, WVU

Part I: The panel will address how and why to recruit older volunteers, determine particular training needs and also any issues regarding volunteer services within aging programs. This session will focus on how to market, recruit, sustain, and evaluate a volunteer program.

Part II: Preparing for the aging of the Baby Boom generation includes anticipation of the impact of boomer attitudes, lifestyle choices and other characteristics on their likely performance as board members. Boomer board members can be expected to deal in both conventional and distinctive ways with the whole range of fiduciary and governance roles facing governing boards in aging services. The workshop will address the central financial and managerial roles of nonprofit boards and speculate on ways in which the responses of the boomer generation may differ from present and past practice.

Workshop T6 Psychotic Disorders, Depression, & Dementia in Later Life

John A. Young, MD, Associate Professor WVU Department of Neurology and Department of Behavioral Medicine and Psychiatry.
Bei Wu, PhD, Assistant Professor, WVU Center on Aging and Department of Community Medicine

Part I: The discussion will address the occurrence of psychotic symptoms in the geriatric population. Attention will be given to differentiating between primary psychotic disorders and those that develop from a secondary cause, such as medical or neurological disorders. Differences between “classic” schizophrenia and “late-onset” schizophrenia will be reviewed, as well as issues related to delusional disorders and mood disorders. Finally issues or management will be discussed, both from a nonpharmacologic as well as a pharmacologic standpoint.

Part II: Depression is a common psychiatric disorder in old age, however, individuals are reluctant to seek care for the symptoms. This is especially true for minority elders and immigrants. This presentation will provide information on: 1) prevalence of depression among older adults across different racial/ethnic groups, 2) measurement issues to assess depressive symptoms, 3) barriers that prevent individuals from seeking care, and 4) suggestions and recommendations to improve understanding and care for individuals with depressive symptoms.

Increasing attention has been paid on lifestyle interventions to reduce the risk of dementia at the national level. This presentation will provide information on the prevalence of dementia among older adults across different racial/ethnic groups, and will provide an overview of evidence-based research on lifestyle interventions to reduce the risk of dementia.

(This session is similar to the one offered on 6/8)

Conference Program cont.

Workshop T7 Persuading Politicians to Promote Aging Policy *Senator Jon Blair Hunter, MSW*

This workshop will explore the best ways to organize to influence politics, politicians and policy. It will explore successful grass roots organizations, coalition building, influencing elections and politicians. How money controls politics and what can be done to counteract this. WV efforts at campaign finance reform and how this can affect aging policy. Also the workshop will look at how WV legislature really works and the best ways to influence it.

Workshop T8 Long-Term Care for Boomers and Their Parents: Practice and Policy Challenges for the 21st Century - Part II (Part I is not a prerequisite for Part II.) *Robert Applebaum, MSW, PhD, Director of the Ohio Long-Term Care Project, Scripps Gerontology Center, Miami University* *Kathryn McGrew, MSW, PhD, Associate Professor of Gerontology and Research Fellow, Scripps Gerontology Center, Miami University*

Part II (PM) will explore recent trends and innovations in long-term care programs and services and consider the challenges faced by the system of tomorrow. The workshop will be interactive and will incorporate lecture and participant discussion, with use of relevant case studies.

Wednesday, June 7

8:15 - 9:15 am Early Morning Networking Sessions - Community of Practice

9:30 - 11:30 am Keynote Address



The Promise of the WV Medical Redesign of Long Term Care and the Impact of Health Insurance Access on Baby Boomers in WV

Sally Richardson, BA , Executive Director for the WVU Institute for Health Policy Research

In 2005, West Virginia adopted a comprehensive Medicaid Redesign proposal. The primary goal for the long-term care services component is to provide clients with access to the most integrated setting that provides coordination of care to improve and maintain health status, while being mindful of member preference. Sally Richardson, Executive Director for the WVU Institute for Health Policy Research and Chair of the subcommittee that designed the Long-Term-Care framework will detail the vision and components of this new, responsive, and creative system, as well as describe other pertinent aging-related initiatives that her agency is researching such as Health Policy and Access Initiatives. Implications for practitioners in the aging field, including advocacy, will be discussed.

Chris Plein, Chair of the WVU Public Administration Division and Assistant Dean for the WVU School of Applied Social Sciences and Sally Burchfield, Program Manager/Senior Program Development Specialist for WVU Center for Excellence in Disabilities will provide responses to the materials presented.

11:30 - 1:00 pm Lunch (on your own)

1:00 - 5:00 pm Concurrent Workshops

Workshop W1 The Booming of Age-Related Policy

*David K. Brown, PhD, Professor and Associate Director, WVU Center on Aging
Sherry Kuhl, MSW, Program Manager, WVU Center on Aging*

Age-related policy is currently under assault as perhaps never before. The target of critics of programs and policy for the elderly is the ever-growing costs of entitlement programs such as Medicare, Medicaid, and Social Security. The workshop will examine this point of view and the response of aging advocates who hold the coming booming generation is entitled to all the hard-earned benefits aging advocates have schedule over the years.

Workshop W2 The Science of Aging, Religion and Health

Julie Hicks Patrick, Ph.D., Associate Professor WVU Department of Psychology

National data indicate that religion and spirituality are important to the majority of Americans, with 76% of people over age 65 saying that religion is “very important” to them. It is this age group who has the highest rates of attendance at religious services and who gives the most money to organized religions. As the Baby Boom generation enters late life, it is imperative that we learn more about the ways that religiousness and spirituality support and challenge older adults. The goals of this workshop are to present the state-of-the-art knowledge regarding aging, religion, spirituality and health; to introduce the concept of a spiritual assessment; and to identify additional resources that promote healthy adult development in late life.

Workshop W3 Language Matters: Achieving Shared Meaning in Healthcare of the Rural Elderly

*Dan Doyle, MD, New River Health Association
Kirk Hazen, Ph.D., Woodburn Professor, WVU Department of English*

Active listening, cultural sensitivity, and respect for language variations are key skills in successful diagnosis and treatment in healthcare. Dr. Doyle will discuss three different language registers –technical, popular, explanatory - which healthcare providers must recognize and use to communicate effectively with patients. Dr. Hazen will define and describe dialects as sophisticated rule-governed linguistic systems not markers of low educational status or intelligence.

Workshop W4 Alcohol And Drug Problems In Older Adults/Gambling Away The Golden Years

*Sara Jane Gainor, Program Director, Mountain State Geriatric Education Center
Mia Moran-Cooper, LSW, Executive Director of the Problem Gamblers Help Network of West Virginia*

This is a repeat of the workshop offered on Tuesday, June 6, see page 4 for workshop description.

5:00 - 6:30 pm Come Sit a Spell... Guilt Free! (Regional Storytelling)

*Mountain Echoes: JoAnn Dadismann and June Riffle
Light Hors D'Oeuvres provided*

Come sit a spell and listen to a pair of storytellers who will dish up an entertaining session from a recipe that includes an extra spoonful of historical fiction, a dash of poetry and song, a generous cup of humor, and perhaps even a chill or two thrown in for spice. Some stories are told in the tandem style, while others may be individual or interactive. For audiences of all ages.

Conference Program cont.

Thursday, June 8

8:30-11:30am Concurrent Workshops

Workshop T9 The Cycle of Strategic Planning and Evaluation
Virginia Majewski, PhD, Chairperson, WVU Division of Social Work

This is a repeat of the workshop offered on Tuesday, June 6, for workshop description see page 5.

Workshop T10 Polypharmacy: Advocating for the Elderly Client
*David P. Elliott, PharmD, FCCP, Professor and Director of Clinical Pharmacy Programs-
WVU – Charleston*

Many seniors are not receiving the drugs that they should. Some are taking drugs that aren't the best choices for them, and yet, they are not taking drugs for conditions that should be treated. This presentation will provide an overview of polypharmacy and offer strategies for seniors or their advocates to use to help to address the problem.

Workshop T11 A Baby Boomer's Guide to Medicare
*Jim Smallridge, RN, Director, WV SHIP (State Health Insurance Assistance Program), WV
Bureau of Senior Services*

This session will be a comprehensive discussion of the Medicare system. We will review the history of this program, from a concept dating back to the 1900's to when this program became law in 1965. This workshop will also examine how the Medicare program has changed over the past forty years, with an emphasis on the Medicare Modernization Act of 2003. This is the legislation that gave birth to one of the most controversial federal programs in history: Medicare Part D, prescription drug coverage. This topic always brings a lively discussion, as well as Q & A. Finally, we will delve into what this all means for those who will be "booming into" Medicare in the near future. This portion of the workshop will feature presentation and discussion of a survey which was conducted by the WV Directors of Senior and Community and the WV Bureau of Senior Services. This survey was aimed at state residents born between 1946 and 1954. These are the Mountain State's "first wave" of baby boomers.

Workshop T12 The Gray "Blues": Assessment and Treatment of Depression in the Elderly
Samuel J. Leizear, MSW, Field Education Coordinator, WVU Division of Social Work

This is a repeat of the workshop offered on Tuesday, June 6, for workshop description see page 5.

11:30 - 1:00 pm Lunch (provided)

Register early to receive registration discounts

Thursday, June 8 (continued)

1:00 - 5:00 pm Concurrent Workshops

Workshop T12 The Impact of Boomer Volunteers

*Diane Kisinger, MSW, Volunteer Action Center/Agency Relations Coordinator, United Way
Suzanne Smart, BS, Statistician, National Institute for Occupational Safety and Health
Donna M. Tennant, AS, Activity/Admission/Marketing Director, Sundale Nursing Home
Nancy Lohmann, PhD, Professor of Social Work, Senior Advisor to Provost, WVU
Roger Lohmann, PhD, Professor of Social Work & Director, Nova Institute, WVU*

This is a repeat of the workshop offered on Tuesday, June 6, for workshop description see page 6.

Workshop T13 Psychotic Disorders in Later Life/Dementia and Lifestyle Interventions/Treatment of Family Caregivers in Dementia

*John A. Young, MD, Associate Professor WVU Department of Neurology and
Department of Behavioral Medicine and Psychiatry.
Bei Wu, PhD, Assistant Professor, WVU Center on Aging and Department of Community
Medicine
Eric D. Rankin, Ph.D., Professor and Director of Clinical Gerontology, WVU*

Part I: The discussion will address the occurrence of psychotic symptoms in the geriatric population. Attention will be given to differentiating between primary psychotic disorders and those that develop from a secondary cause, such as medical or neurological disorders. Differences between “classic” schizophrenia and “late-onset” schizophrenia will be reviewed, as well as issues related to delusional disorders and mood disorders. Finally issues or management will be discussed, both from a nonpharmacologic as well as a pharmacologic standpoint.

Part II: Increasing attention has been paid on lifestyle interventions to reduce the risk of dementia at the national level. This presentation will provide information on the prevalence of dementia among older adults across different racial/ethnic groups, and will provide an overview of evidence-based research on lifestyle interventions to reduce the risk of dementia.

Part III: It is estimated that dementing illnesses currently affect over four million Americans with most patients living in the community and receiving direct assistance from their family. Family caregiving may result in favorable and/or deleterious effects for patients and caregivers. The purpose of this workshop will be to present a conceptual framework for understanding family functioning and caregiving, identifying illness and family-specific sources of stress associated with caregiving, and presenting an assessment and treatment model for assisting these families. Case material from the Memory Disorders Clinic will be presented to highlight specific theoretical concepts and treatment interventions.

(This session is similar to the one offered on 6/6)

Exhibiting Opportunities still available see wvsioa.org

Conference Program cont.

Workshop T14 Keeping What You’ve Got: Preventing Financial Exploitation and Protecting Life Savings from Nursing Home Costs
Cathy McConnell, Esq., Executive Director, West Virginia Senior Legal Aid Association
Gerald W. Thompson, Esq., Elder Law Attorney

With aging can come increased vulnerability to financial exploitation, both by consumer thieves and by trusted insiders. Prevention is critical because once the money is gone the chances of getting it back are slim. Learning to recognize the tools and early signs of exploitation can help seniors preserve their economic security. This presentation will also describe legal ways to preserve the home and life savings when facing nursing home care by protecting assets from the spend-down requirement of Medicaid and from Medicaid Estate Recovery. The cost of nursing home care poses the greatest threat to a Senior’s financial security. Participants will learn approved techniques (including changes required by Deficit Reduction Act of 2005) by which clients/patients can protect their home and other assets when facing the overwhelming cost of nursing home care, using techniques such as increasing the Community Spouse’s share of resources, converting available assets into exempt assets, use of annuities, and making uncompensated transfers of assets.

Workshop T15 Literacy, Older Rural Patients and Health Care
Charlotte Nath, RN, CDE, EdD, Professor, WVU Department of Family Medicine
Elaine Mason, M.Ed., Director, WVU Health Sciences Placement Service
Shanin Legg, BFA, CPhT, MSW candidate, MSW Student Intern, WVU Department of Family Medicine
Cindie Harper, BSW, LSW, MSW candidate, MSW Student Intern, WVU Department of Family Medicine

This workshop is designed to increase sensitivity and awareness to the roles of literacy, aging and rural culture as variables that impact an individual’s health and access to health care or health care information. Participants will learn how to modify their own working environment to reduce barriers associated with literacy and thereby ameliorate disparities in access to health care/health care information.

Conference Closing and Evaluations



Entertainment and Networking Opportunities

Monday, June 5, 7:00 - 9:00pm - Join us for an evening of networking with friends and colleagues and enjoy some of Morgantown’s finest desserts.

Tuesday, June 6, 11:30-1:00pm - A box lunch with a showing of WVPBS newly released documentary “Healing in the Hills” sponsored by the MSGEC and WVSeniors projects, a series about WV’s rural elderly and the impact their culture makes when it comes to decisions about healthcare.

Wednesday, June 7, 5:00- 6:00pm - Enjoy light hors d’oeuvres and listen to some good Appalachian Storytelling with Mountain Echoes.

Thursday, June 8, 11:30-1:00pm - A lunch opportunity to share ideas and new found knowledge with conference participants.

General Information

Continuing Education Credits

Social Work

This conference has been approved for a maximum of 27.5 continuing education contact hours for licensed Social Workers, (WV, MD & PA), under the West Virginia University School of Applied Social Sciences Division of Social Work WVBSWE Provider #490051. Social Workers from other states should contact their respective licensure boards regarding approval PRIOR to registering for the conference.

Counseling

An application for approval for counseling continuing education credits has been submitted to the WV Board of Examiners in Counseling. Licensed Professional Counselors should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference.

Nursing

This conference has been approved for a maximum of 28.3 CEUs for nurses through the Mountain State Geriatric Education Center which is an approved Nursing Provider, Number: WV 2004-0458RN.

Long-Term-Care Administrators

An application for approval for long term care administrator's continuing education credits has been submitted to the National Association of Boards of Examiners of Long-Term-Care Administrators. Long-term-care administrators should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference.

Lodging Information

Radisson: A block of rooms has been reserved at a special group rate of \$82 per night + tax (Group Code: Summer Institute on Aging). The phone number is 304-296-1700 or (800) 333-3333. Reservations must be made by May 14, 2006 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Quality Inn & Suites: Located off I-79, Exit 155, cross Star City bridge, turn right on to Saratoga Ave (before State Police/Coliseum). The phone number is 304-599-7680 or (800)-4CHOICE. A block of rooms has been reserved at a special group rate of \$62 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 21, 2006 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Comfort Inn: Located just off I-68, Exit 1, head north on 119 towards Morgantown, at the first stoplight turn right. The phone number is 304-296-9364 or 1-800-228-5150. A block of rooms has been reserved at a special group rate of \$55 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 21, 2006 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

For more lodging information please log on to WVU Visitors Resource Center at <http://visit.wvu.edu/> and click on directions & lodging.

Registration Forms

Name _____ Badge First Name _____

Employer/Affiliation _____

Mailing Address _____

City _____ State _____ Zip _____ Phone _____ Fax _____

E-mail _____

Seeking CE Credits for? SW _____ State _____ Nursing _____ Counseling _____ Nursing Home Adm. _____

Conference fees include, parking, luncheons and receptions as specified each day, CE credits and all conference materials. **Early bird registrations must be postmarked on or before May 19, 2006**

Please select: **Registration Type** **Before May 19** **After May 19**

Full Conference (4 days) \$250 \$300

2- day Fee (select below) \$175 \$225
 Monday- Tuesday
 Tuesday- Wednesday
 Wednesday-Thursday

1 - Day Fee \$100 \$150
 List Day _____

Discounts:

Check only one (If qualified) and subtract from registration amount

- Retired (55+) \$25
- Volunteers \$25
- Students \$25
- Unemployed \$25
- Multiple registrants 3 or more \$25 (Must register all at same time)
- Active Field Instructors \$50

Total Registration Due \$ _____

Payments: Checks payable to West Virginia University

Credit Card: Mastercard Visa Discover American Express Diner's Club

Credit Card # _____ Exp. Date ____/____ CVV# _____ (3 or 4 digit # on the back of the card)

Cardholders Name as it appears on the card _____ Cardholder phone # _____

Cardholder's Signature _____ Billing Address _____

Mail form and payment to:

**WVU Division of Social Work
 Attn: SIOA
 PO Box 6830
 Morgantown, WV 26506-6830**

Fax Form to: 304-293-5936, Attn: Summer Institute

West Virginia University does not discriminate on the grounds of race, color, national origin, sex, sexual orientation, age, veteran status, religion, or handicap in the administration of any of its educational programs, activities, or with respect to admission and employment. Inquires may be directed to Social Justice, 105 Stewart Hall, Office of the President, (304) 293-5496.

Name _____

Workshop Selections: Please pick 1st and 2nd Choice in each time period:

Please use workshop number as indicated by each title on program brochure.

Monday, June 5th:

Afternoon Sessions: 1st Choice _____ 2nd Choice _____ Reception _____ will attend _____ not

Tuesday, June 6th:

Morning Sessions: 1st Choice _____ 2nd Choice _____ Lunch provided _____ will attend _____ not

Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Wednesday, June 7th:

Networking Sessions _____ will attend _____ will not attend

Afternoon Sessions: 1st Choice _____ 2nd Choice _____ Reception _____ will attend _____ not

Thursday, June 8:

Morning Sessions: 1st Choice _____ 2nd Choice _____ Lunch provided _____ will attend _____ not

Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Cancellation Policy

Cancellations must be received before 5/30/06, a processing fee of \$25 will be charged for all cancellations. No refunds will be made after 5/30/06. Substitutions are permitted at any time but must be put in writing.

Scholarships

A limited number of partial scholarships are available. All requests must be in writing to: Jacki Englehardt, Coordinator of Professional & Community Education, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506. In the request, include the following: reasons for requesting a scholarship; how attending the Summer Institute will enhance your practice; agency overall budget amount & agency budget amount for training/continuing education (if employed); agency status (i.e. nonprofit); and other pertinent information. For more information, call 304-293-3501, ext. 3109

Please note this form must be submitted with registration and payment.

For additional information please contact :

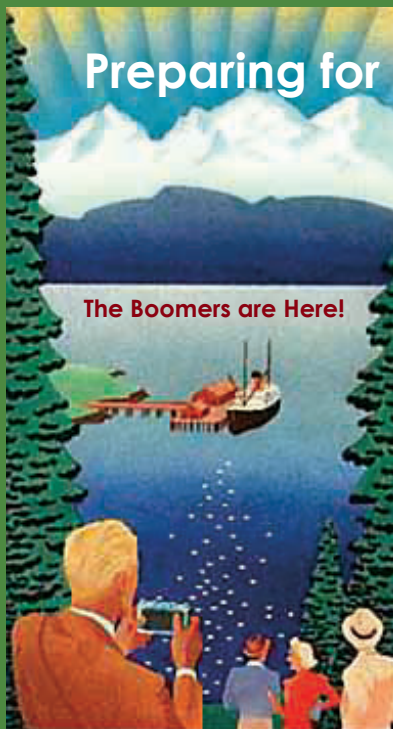
**Jacki Englehardt MSW, ACSW
Coordinator of Professional & Community Education
WVU Division of Social Work
PO Box 6830
Morgantown, WV 26506-6830
Phone: 304-293-3501 ext. 3109
Fax: 304-293-5936**

VISIT OUR WEBSITE AT WWW.WVSIOA.ORG


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28th Summer Institute on Aging



Preparing for the Aging Boom:

Impact and Action

June 5-8, 2006

Raddison Hotel at Waterfront Place
Morgantown

Register Now at wvsioa.org

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